



Using an AED

For a person who is unresponsive and not breathing normally.



Call 000 and start CPR. Use the AED as soon as it arrives.



Right chest

Below the right collarbone, beside the breastbone.

Left side

Below the left armpit. Always follow the pad pictures.

1

Turn it on

Open the AED and follow its voice prompts. If another rescuer is present, keep CPR going while the pads are prepared.

2

Expose and dry the chest

Remove clothing from the chest. Dry wet skin so pads stick. Follow the pictures on the pads.

3

Attach the adult pads

Place one pad below the person's right collarbone, beside the breastbone. Place the other on their left side, below the armpit. Pads must not touch.

4

Stand clear, then resume CPR

Nobody touches the person during analysis or shock. Deliver a shock only if prompted. Resume CPR immediately when told, including after a no-shock decision.

Children under 8 years

Use paediatric pads or child mode if available. If unavailable, use adult pads. If pads may touch, put one on the chest and one on the back, following the pad pictures.

Follow the device

Keep the pads attached and AED switched on until help takes over. An AED decides whether a shock is needed.

Sources: ANZCOR Guideline 7: AED; Healthdirect defibrillators.